FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Thornton Bruce					2. Issuer Name and Ticker or Trading Symbol Sonoma Pharmaceuticals, Inc. [SNOA]										tionship of R all applicabl Director		erson	(s) to Issuer 10% Ov	/ner
(Last)	(Last) (First) (Middle) C/O SONOMA PHARMACEUTICALS, INC.					3. Date of Earliest Transaction (Month/Day/Year) 12/29/2022								X	Officer (g below)		itle Other (speci below) Operating Officer		pecify
5445 CONESTOGA COURT, SUITE 150					4. If Amendment, Date of Original Filed (Month/Day/Year)							- 1	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
(Street) BOULDER (City)	CO (State		0301 Zip)											X		•	•	ng Person One Reportin	g Person
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Date					h/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disposed Code (Instr.			ties Acqu d Of (D) (I			nnd 5) Securities Beneficiall Following		Form	: Direct (D) lirect (I) . 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D)		Price	(Instr. 3 and				(Instr. 4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Ye	Co	Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Co	ode	v	(A)	(D)	Date Exercisal		Expiration Date	Title		Amount or Number of Shares		(Instr. 4)	O11(9)		
Stock option (right to buy)	\$1.08	12/29/2022			A		40,000		(1)	1	12/29/2032	Comr		40,000	(2)	116,78	31	D	

Explanation of Responses:

- 1. The options vest one third each on 12/29/2023, 12/29/2024 and 12/29/2025, or upon change of control or as provided by Mr. Thornton's employment agreement.
- 2. The options were awarded and granted to Mr. Thornton for services performed as part of the Company's annual grant of stock options.

/s/ Amy Trombly as attorney-in-

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.