

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL				
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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)								
Name and Address of Reporting Person Dal Poggetto John	Stateme	2. Date of Event Requiring Statement (Month/Day/Year) 09/27/2019		3. Issuer Name and Ticker or Trading Symbol Sonoma Pharmaceuticals, Inc. [SNOA]				
(Last) (First) (Mid 1129 N. MCDOWELL BLVD	09/21/			4. Relationship of Reporting Person(s) Issuer (Check all applicable) Director X Officer (give title below) Chief Financial Officer			to 5. If Amendment, Date Original Filed(Month/Day/Year)	
PETALUMA, CA 94954								
(City) (State) (Z	Zip)	Table I - Non-Derivative Securities Beneficially Owned						
1.Title of Security (Instr. 4)		2. Amount of Se Beneficially Ow (Instr. 4)				4. Nature of Indirect Beneficial Ownership Instr. 5)		
Common Stock, \$0.0001 par value	per share	115			D			
unless the for	respond to the orm displays a cu	collection of irrently valid	Owned (e.g.,	contained in to number. puts, calls, warr	ants, options, cor	t required to res	·)	
(Instr. 4)	2. Date Exerci Expiration Da (Month/Day/Year)	iration Date Securitie		Derivat		Form of Derivative Security:	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
	Date Exercisable	Expiration Date	Title	Amount or Number of Sha	Security	Direct (D) or Indirect (I) (Instr. 5)		
Stock Option (right to buy)	02/25/2010	02/25/2020	Common Stock	223	\$ 576.45	D		
Stock Option (right to buy)	05/17/2011	05/17/2021	Common Stock	286	\$ 595.35	D		
Stock Option (right to buy)	08/24/2015	08/24/2022	Common Stock	96	\$ 292.95	D		
Stock Option (right to buy)	09/19/2016	09/19/2023	Common Stock	238	\$ 133.65	D		
Stock Option (right to buy)	03/04/2017	03/04/2024	Common Stock	1,648	\$ 175.5	D		
Stock Option (right to buy)	08/21/2015	08/21/2025	Common Stock	1,251	\$ 52.2	D		
Stock Option (right to buy)	(1)	08/21/2025	Common Stock	420	\$ 52.2	D		
Stock Option (right to buy)	<u>(2)</u>	04/11/2027	Common Stock	1,334	\$ 61.92	D		

Reporting Owners

		Relationships			
Reporting Owner Name / Address		Director	10% Owner	Officer	Other
	Dal Poggetto John 1129 N. MCDOWELL BLVD PETALUMA, CA 94954			Chief Financial Officer	

Signatures

/s/ John Dal Poggetto	10/15/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest upon the achievement of certain goals.
- Options vest in three equal tranches annually on the grant date anniversary, beginning on April 11, 2018 and becoming fully vested on April 11, 2020.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.